

FALLS IN GLAUCOMA STUDY

FALLS

CALENDAR

RETURN:

FALLS and NEAR FALLS records are the most important aspects of this study, and are carefully being tracked for precise data collection. We very much appreciate your calendar returns and falls feedback each month. As a small token of our gratitude, we will hold a random drawing to give away 2 free sets of movie tickets to patients who are returning all their calendars for those who have been in the study for at least 3 months and have returned all 3 of their calendars, then they are eligible for a drawing.

In order to be eligible, all of your calendars or email questionnaire need to be returned or replied to. If you are the winner of the drawing we will mail you the tickets.

2 FREE MOVIE

TICKETS!

We would like to thank all patients who have submitted calendars thus far. We cannot stress the importance of returning this data.

Studies show that nearly half of glaucoma patients in America fall each year. This suggests that glaucoma-related falls lead to significant health consequences and medical costs. Falls may also be an underlying cause of many observed mobility deficits associated with glaucoma, including greater fear of falling, decreased physical activity, and restriction of travel outside the home. Thus falls can have a substantial negative impact on general health and well-being.

It should be a public health priority to develop programs to decrease falls and improve mobility in glaucoma patients. Accomplishing



these goals requires better understanding of the underlying reasons for falls in glaucoma, and the relationship between falls and mobility in individuals with glaucoma. **We are studying fall rates and how they**

relate to mobility, including physical activity, in glaucoma patients over a 3 year period in order to reduce the risk of falls.

PATIENT FEEDBACK ABOUT TESTING:

- ◆ Very Interesting!
- ◆ Amazing, fascinating, and the testing was very impressive!
- ◆ All my questions were answered by the friendly staff.

CELEBRATING A MINI-MILESTONE: WE RECENTLY ENROLLED OUR 100TH PATIENT!